

Licensed to Finish Right Racing Team HY-TEK's Meet Manager 4/18/2009
05:26 PM

EMPIRE 8 TRACK AND FIELD CHAMPIONSHIPS - 4/19/2008
TIMING BY WWW.FINISHRIGHT.COM
NAZARETH COLLEGE, ROCHESTER, NY
Results

Women 100 Meter Dash

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8 Advance: Top 1 Each Heat plus Next 6 Best Times

Name Year School Seed

Prelims Wind H#

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Preliminaries

1 Mitchell, Samantha		Rochester Ins	12.79
12.88Q 0.9 2			
2 Dupra, Alison		Rochester Ins	13.35
13.27Q 0.5 1			
3 Cutcliffe, Melissa		Nazareth Col	13.01
13.29q 0.9 2			
4 Stratakos, Diamondo		Ithaca College	13.24
13.40q 0.5 1			
5 Peterson, Caitlyn		Rochester Ins	13.57
13.45q 0.9 2			
6 Custer, Kristi		Nazareth Col	16.00
13.86q 0.5 1			
7 Evans, Hannah		Ithaca College	13.96
13.86q 0.9 2			
8 Barbaritz, Kaitlyn		Ithaca College	13.96
13.93q 0.5 1			
9 Cugno, Alessandra		Rochester Ins	14.61
14.33 0.5 1			
10 Rock, Lauren		Rochester Ins	14.56
14.81 0.9 2			
11 Polito, Brandi		Nazareth Col	16.35
15.95 0.5 1			

Women 100 Meter Dash

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Name Year School Prelims

Finals Wind Points

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Finals

1 Mitchell, Samantha		Rochester Ins	12.88
12.50 +0.0 10			
2 Cutcliffe, Melissa		Nazareth Col	13.29
13.24 +0.0 8			
3 Dupra, Alison		Rochester Ins	13.27
13.25 +0.0 6			
4 Peterson, Caitlyn		Rochester Ins	13.45
13.30 +0.0 4			
5 Stratakos, Diamondo		Ithaca College	13.40
13.51 +0.0 2			

6	Evans, Hannah	Ithaca College	13.86
13.91	+0.0 1		
7	Custer, Kristi	Nazareth Col	13.86
13.98	+0.0		
8	Barbaritz, Kaitlyn	Ithaca College	13.93
14.00	+0.0		

Women 200 Meter Dash

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Name	Year	School	Seed	
Finals	Wind	H#	Points	
=====	=====	=====	=====	
1		McCord, Marcia	Ithaca College	25.70
25.62	-1.6	2	10	
2		Mitchell, Samantha	Rochester Ins	25.94
26.35	-1.6	2	8	
3		Dewart, Emma	Ithaca College	26.23
26.61	-1.6	2	6	
4		Peterson, Caitlyn	Rochester Ins	28.25
27.74	-0.4	1	4	
5		Cutcliffe, Melissa	Nazareth Col	35.00
28.54	-0.4	1	2	
6		Dlubac, Ashley	Ithaca College	29.60
28.55	-0.4	1	1	
7		Bush, Alex	Rochester Ins	28.35
29.31	-0.4	1		
8		Cugno, Alessandra	Rochester Ins	31.32
29.59	-0.4	1		
9		DeSantis, Evelyn	Nazareth Col	35.00
30.20	-0.4	1		
10		Rock, Lauren	Rochester Ins	30.59
30.54	-0.4	1		
11		Herkenham, Anne	Nazareth Col	34.50
31.33	-1.6	2		
12		Polito, Brandi	Nazareth Col	35.00
33.33	-0.4	1		

Women 400 Meter Dash

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Name	Year	School	Seed	
Finals	H#	Points		
=====	=====	=====	=====	
1		McCord, Marcia	Ithaca College	58.80
59.24	2	10		
2		Glaser, Lauren	Nazareth Col	1:02.00
1:00.90	2	8		
3		Arday, Abby	Rochester Ins	1:02.12
1:01.56	2	6		
4		Moran, Emily	Ithaca College	1:02.54
1:01.65	2	4		
5		Ondrejka, Emily	Ithaca College	1:05.74
1:02.93	2	2		

6	Springate, Kat	Rochester Ins	1:03.09
1:03.35	2 1		
7	Miga, Kristin	Ithaca College	1:05.87
1:03.60	1		
8	Bush, Alex	Rochester Ins	1:05.40
1:06.47	1		
9	DeSantis, Evelyn	Nazareth Col	1:03.80
1:07.13	2		
10	Orlando, Julie	Ithaca College	1:07.08
1:07.39	1		
11	Rombach, Michelle	Nazareth Col	1:10.00
1:11.39	1		

Women 800 Meter Run

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=====
Name                Year School                Seed
Finals Points
=====
=====
1 Glaser, Lauren    Nazareth Col                2:24.62
2:20.69 10
2 Varble, Nicole    Rochester Ins                2:21.64
2:21.12 8
3 Brown, Molly      Ithaca College              2:30.94
2:25.42 6
4 Haahr, Melissa    Alfred Univ                  2:31.00
2:27.90 4
5 Beairsto, Shanna  Stevens Ins                  2:27.15
2:30.77 2
6 Majkowski, Krissy Ithaca College              2:31.79
2:31.84 1
7 Phillip/Jones, Elisabeth Alfred Univ                  2:35.00
2:32.50
8 Lapore, Katie     Alfred Univ                  2:35.00
2:35.60
9 Damcott, Michelle Alfred Univ                  2:35.00
2:38.71
10 Simpson, Rachel  Rochester Ins                2:38.60
2:39.61
11 Simons, Jocelyn  Ithaca College              2:34.22
2:43.99
12 Rombach, Michelle Nazareth Col                2:55.07
2:58.51
13 Taboada, Stephanie Stevens Ins                  2:55.47
3:13.58
-- Wehof, Jenny     Stevens Ins                  2:52.24
DNF

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Women 1500 Meter Run

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Name                Year School                Seed
Finals Points
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1	Crimmins, Megan	Alfred Univ	5:09.00
4:57.60	10		
2	Sisti, Danielle	Ithaca College	5:16.60
5:02.56	8		
3	Brown, Jessica	Nazareth Col	5:01.30
5:04.21	6		
4	Quinn, Molly	Ithaca College	5:15.63
5:06.21	4		
5	Phillip/Jones, Elisabeth	Alfred Univ	5:20.00
5:09.36	2		
6	Dubuisson, Kate	Rochester Ins	5:33.59
5:17.41	1		
7	Simons, Jocelyn	Ithaca College	5:23.66
5:19.70			
8	Franzese, Melissa	Stevens Ins	6:00.00
5:21.76			
9	Chan, Jen	Alfred Univ	5:25.00
5:22.05			
10	Clark, Emily	Rochester Ins	5:32.50
5:39.99			
11	Dunphy, Kaitlyn	Ithaca College	6:00.00
5:41.14			
12	Easton, Laura	Ithaca College	6:00.00
5:44.42			
13	Stanchus, Jessica	Nazareth Col	6:03.61
5:57.45			
14	O'Connell, Mary	Ithaca College	6:00.00
6:02.13			
15	Buck, Tiffany	Alfred Univ	6:09.00
6:02.79			

Women 5000 Meter Run

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=====
Name                Year School                Seed
Finals  Points
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=====
1 McCormick, Melanie      Ithaca College      19:30.00
18:44.04  10
2 Hastings, Bridget      Ithaca College      19:30.00
18:54.04   8
3 LaFave, Erin           Rochester Ins        19:06.12
18:54.64   6
4 Boccio, Amanda         Ithaca College      19:30.00
18:54.74   4
5 Crimmins, Megan        Alfred Univ          20:10.00
19:28.63   2
6 DeLong, Elizabeth      Ithaca College      19:30.00
19:38.98   1
7 Kersey, Alyssa         Ithaca College      19:30.00
19:48.47
8 Bradley, Shannon       Nazareth Col        25:00.00
19:51.78
9 Hickok, Samantha       Nazareth Col        19:53.00
20:11.44

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10 Chan, Jen	Alfred Univ	20:10.00
20:27.40		
11 Campbell, Caitlin	Ithaca College	19:54.60
20:29.47		
12 Wilcox, Sarah	Nazareth Col	25:00.00
20:48.16		
13 Goodrich, Jessica	Nazareth Col	21:27.00
21:16.33		
14 Bakelmun, Erica	Stevens Ins	22:54.23
21:43.19		
15 D'Angelo, Alison	Nazareth Col	25:00.00
23:45.75		
-- Franzese, Melissa	Stevens Ins	19:14.42
DNF		

Women 100 Meter Hurdles

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8 Advance: Top 1 Each Heat plus Next 6 Best Times

Name	Year	School	Seed
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Prelims Wind H#

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Preliminaries

1 Koppel, Lauren	Ithaca College	15.38
15.50Q +0.0 2		
2 Dewart, Emma	Ithaca College	16.07
16.05Q 0.6 1		
3 Mills, annie	Alfred Univ	16.54
16.45q 0.6 1		
4 Stratakos, Diamondo	Ithaca College	17.20
16.77q +0.0 2		
5 Morey, Deb	Nazareth Col	17.50
17.10q +0.0 2		
6 Putney, Jillian	Rochester Ins	17.29
17.19q 0.6 1		
7 Barbaritz, Kaitlyn	Ithaca College	16.60
17.21q +0.0 2		
8 Wehof, Jenny	Stevens Ins	17.52
17.66q +0.0 2		
9 Wild, Jackie	Ithaca College	17.34
17.99 0.6 1		
10 Barito, Laura	Stevens Ins	25.00
18.08 0.6 1		
11 Egmond, Jill	Nazareth Col	19.26
18.69 +0.0 2		
12 Harris, Lindsay	Ithaca College	18.58
18.71 0.6 1		
13 Dobeck, Joanna	Rochester Ins	18.75
18.98 0.6 1		

Women 100 Meter Hurdles

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Name	Year	School	Prelims
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Finals Wind Points

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Finals

1	Koppel, Lauren	Ithaca College	15.50
15.64	+0.0 10		
2	Dewart, Emma	Ithaca College	16.05
15.76	+0.0 8		
3	Putney, Jillian	Rochester Ins	17.19
16.89	+0.0 6		
4	Barbaritz, Kaitlyn	Ithaca College	17.21
17.12	+0.0 4		
5	Stratakos, Diamondo	Ithaca College	16.77
17.14	+0.0 2		
6	Morey, Deb	Nazareth Col	17.10
17.24	+0.0 1		
7	Wehof, Jenny	Stevens Ins	17.66
17.72	+0.0		
8	Mills, annie	Alfred Univ	16.45
17.82	+0.0		

Women 400 Meter Hurdles

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Name	Year	School	Seed
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Finals H# Points

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1	Putney, Jillian	Rochester Ins	1:08.64
1:06.93	2 10		
2	Barito, Laura	Stevens Ins	1:10.52
1:09.14	2 8		
3	Harris, Lindsay	Ithaca College	1:08.29
1:09.76	2 6		
4	Stratakos, Diamondo	Ithaca College	1:10.22
1:11.44	2 4		
5	Wild, Jackie	Ithaca College	1:10.54
1:14.22	2 2		
6	Danley, Shelley	Ithaca College	1:24.20
1:15.31	1 1		
7	Lindstrom, Alyssa	Nazareth Col	1:20.50
1:19.12	2		
8	McManus, Michelle	Ithaca College	1:23.09
1:19.31	2		
9	Mckee, Megan	Alfred Univ	1:20.00
1:19.88	2		
10	Kwamya, Andrea	Ithaca College	1:26.23
1:25.53	1		

Women 3000 Meter Steeplechase

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Name	Year	School	Seed
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Finals Points

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1	Baumbach, Heidi	Ithaca College	12:00.00
12:02.51	10		

2 Ortiz, Cathy	Ithaca College	12:00.00
12:18.78 8		
3 Bradley, Shannon	Nazareth Col	12:58.90
12:35.85 6		
4 Mckee, Megan	Alfred Univ	12:59.00
13:03.19 4		
5 Gillette, Michelle	Nazareth Col	13:37.50
13:32.72 2		
6 Wilcox, Sarah	Nazareth Col	13:38.80
13:40.01 1		

Women 4x100 Meter Relay

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School                                     Seed
Finals Points
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=====
1 Rochester Ins Tech 'A'                   50.37
49.36 10
1) Dupra, Alison                          2) Mitchell, Samantha
3) Peterson, Caitlyn                      4) Arday, Abby
2 Ithaca College 'A'                       49.80
50.56 8
1) Evans, Hannah                          2) Dewart, Emma
3) Stratakos, Diamondo                   4) McCord, Marcia
3 Nazareth College 'A'                    55.90
53.97 6
1) Morey, Deb                              2) Custer, Kristi
3) Lindstrom, Alyssa                     4) Cutcliffe, Melissa
4 Stevens Ins Tech 'A'                    54.44
55.39 4
1) Wehof, Jenny                           2) Pawalowski, Caroline
3) Barito, Laura                         4) Cook, Salme

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Women 4x400 Meter Relay

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School                                     Seed
Finals Points
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=====
1 Rochester Ins Tech 'A'
4:07.85 10
1) Mitchell, Samantha                    2) Dupra, Alison
3) Springate, Kat                       4) Putney, Jillian
2 Ithaca College 'A'                    4:09.74
4:09.18 8
1) Moran, Emily                          2) Harris, Lindsay
3) Ondrejka, Emily                       4) Brown, Molly
3 Stevens Ins Tech 'A'                    4:20.19
4:25.20 6
1) Cook, Salme                           2) Pawalowski, Caroline
3) Barito, Laura                         4) Beairsto, Shanna
4 Nazareth College 'A'                    4:22.21
4:33.85 4
1) Brown, Jessica                        2) Glaser, Lauren

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3) Cutcliffe, Melissa

4) DeSantis, Evelyn

Women High Jump

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=====
Name                    Year School                    Seed
Finals                 Points
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=====
1 Dewart, Emma          Ithaca College                1.64m
1.63m  5-04.25  10
2 Koppel, Lauren       Ithaca College                1.52m
1.58m  5-02.25   8
3 Siderko, Alison      Ithaca College                1.52m
J1.58m  5-02.25   6
4 Bowen, Katherine     Ithaca College                1.47m
1.53m  5-00.25   4
5 Bennett, Sarah       Ithaca College                1.37m
1.43m  4-08.25   2
6 Harris, Lindsay      Ithaca College                1.37m
1.33m  4-04.25   1
    
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Women Pole Vault

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=====
Name                    Year School                    Seed
Finals                 Points
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=====
1 Destefano, Kristen   Ithaca College                3.10m
3.10m  10-02.00  10
2 Craig, Shona         Ithaca College                2.75m
2.95m  9-08.00   8
3 Orlando, Julie      Ithaca College                3.20m
J2.95m  9-08.00   6
4 Mark, Naomi         Ithaca College                2.65m
2.80m  9-02.25   4
5 Egmond, Jill        Nazareth Col                  2.28m
2.50m  8-02.50   2
-- Jacobsen, Hannah   Ithaca College                2.90m
NH
    
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Women Long Jump

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=====
Name                    Year School                    Seed
Finals  Wind           Points
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=====
1 McCord, Marcia       Ithaca College                5.23m
5.55m  0.9  18-02.50  10
2 Koppel, Lauren       Ithaca College                5.10m
5.30m  +0.0  17-04.75  8
3 Dewart, Emma         Ithaca College                5.14m
5.26m  0.7  17-03.25  6
4 Cutcliffe, Melissa   Nazareth Col                  5.04m
5.15m  0.4  16-10.75  4
    
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5	Cook, Salme			Stevens Ins	5.08m
5.10m	0.6	16-08.75	2		
6	Morey, Deb			Nazareth Col	4.21m
4.95m	0.7	16-03.00	1		
7	Dlubac, Ashley			Ithaca College	4.48m
4.88m	0.5	16-00.25			
8	Bennett, Sarah			Ithaca College	4.36m
4.75m	0.6	15-07.00			
9	Maisonet, Jasmine			Rochester Ins	4.85m
4.73m	0.2	15-06.25			
10	Dobeck, Joanna			Rochester Ins	4.67m
4.70m	1.5	15-05.00			
11	Pawalowski, Caroline			Stevens Ins	4.54m
4.52m	0.9	14-10.00			
12	Guhr, Tara			Rochester Ins	4.65m
4.08m	+0.0	13-04.75			
--	Evans, Hannah			Ithaca College	4.82m
FOUL					

Women Triple Jump

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	Name	Year	School		Seed
Finals	Wind	Points			
=====					
=====					
1	Custer, Kristi		Nazareth Col		9.83m
10.79m	+0.0	35-05.00	10		
2	Pawalowski, Caroline		Stevens Ins		10.07m
10.57m	1.0	34-08.25	8		
3	Evans, Hannah		Ithaca College		9.73m
10.32m	1.2	33-10.25	6		
4	Johnson, Lindsay		Ithaca College		7.00m
10.14m	1.3	33-03.25	4		
5	Bowen, Katherine		Ithaca College		9.99m
10.04m	0.1	32-11.25	1.50		
5	Bennett, Sarah		Ithaca College		10.11m
10.04m	2.4	32-11.25	1.50		
7	Craig, Shona		Ithaca College		9.56m
9.70m	1.7	31-10.00			
8	Smith, Christina		Rochester Ins		9.52m
9.36m	+0.0	30-08.50			
9	Theese, Courtney		Rochester Ins		9.10m
9.12m	0.9	29-11.25			

Women Shot Put

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	Name	Year	School		Seed
Finals	Points				
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=====					
1	Hoeffner, Jessica		Ithaca College		10.34m
10.09m		33-01.25	10		
2	Uberbacher, Michelle		Ithaca College		10.57m
9.97m		32-08.50	8		

3	Morey, Jamie		Rochester Ins	10.78m
9.79m	32-01.50	6		
4	Duran, Alina		Stevens Ins	10.88m
9.76m	32-00.25	4		
5	Dobeck, Joanna		Rochester Ins	10.15m
9.44m	30-11.75	2		
6	Middleton, Katie		Ithaca College	9.52m
9.39m	30-09.75	1		
7	Ekickson, Caitlin		Ithaca College	9.57m
9.37m	30-09.00			
8	Python, Grace		Stevens Ins	9.55m
8.96m	29-04.75			
9	Adams, Katie		Nazareth Col	10.00m
8.75m	28-08.50			
10	Ritz, Devon		Ithaca College	8.24m
8.06m	26-05.50			
11	Youtz, Chelsea		Ithaca College	9.09m
7.84m	25-08.75			
12	Irish, Emily		Nazareth Col	8.22m
7.79m	25-06.75			
13	Irish, Heather		Nazareth Col	7.42m
7.69m	25-02.75			
14	Sinicropi, Jaimie		Nazareth Col	6.92m
7.62m	25-00.00			

Women Discus Throw

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Name	Year	School	Seed
Finals	Points		
=====			
1	Clark, Lindsey	Rochester Ins	36.02m
35.75m	117-03	10	
2	Hoeffner, Jessica	Ithaca College	34.00m
33.96m	111-05	8	
3	Morey, Jamie	Rochester Ins	35.00m
32.78m	107-06	6	
4	Uberbacher, Michelle	Ithaca College	31.78m
32.21m	105-08	4	
5	Adams, Katie	Nazareth Col	25.48m
27.51m	90-03	2	
6	Lawrence, Anna	Ithaca College	26.33m
26.08m	85-07	1	
7	Middleton, Katie	Ithaca College	22.06m
26.03m	85-05		
8	Dutton, Chelsea	Ithaca College	23.56m
24.20m	79-05		
9	Youtz, Chelsea	Ithaca College	22.93m
21.39m	70-02		
10	Bucko, Andrea	Stevens Ins	15.00m
17.65m	57-11		

Women Hammer Throw

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Name	Year	School	Seed
Finals			
Points			
=====			
=====			
1 Morey, Jamie		Rochester Ins	43.34m
45.83m	150-04	10	
2 Lawrence, Anna		Ithaca College	35.12m
42.66m	139-11	8	
3 Hoeffner, Jessica		Ithaca College	33.60m
38.89m	127-07	6	
4 Clark, Lindsey		Rochester Ins	36.60m
36.46m	119-07	4	
5 Adams, Katie		Nazareth Col	34.48m
35.57m	116-08	2	
6 Middleton, Katie		Ithaca College	29.66m
32.83m	107-08	1	
7 Irish, Heather		Nazareth Col	27.58m
28.30m	92-10		
8 Youtz, Chelsea		Ithaca College	24.42m
28.18m	92-05		
9 Uberbacher, Michelle		Ithaca College	32.58m
27.84m	91-04		
10 Irish, Emily		Nazareth Col	29.00m
26.22m	86-00		
11 Dutton, Chelsea		Ithaca College	31.98m
25.84m	84-09		
12 Sinicropi, Jaimie		Nazareth Col	16.36m
16.16m	53-00		
-- Python, Grace		Stevens Ins	36.99m
FOUL			

Women Javelin Throw

Name	Year	School	Seed
Finals			
Points			
=====			
=====			
1 Dlubac, Ashley		Ithaca College	38.66m
37.02m	121-05	10	
2 Hoeffner, Jessica		Ithaca College	31.15m
34.08m	111-10	8	
3 Ekickson, Caitlin		Ithaca College	28.47m
33.36m	109-05	6	
4 Koppel, Lauren		Ithaca College	34.52m
33.00m	108-03	4	
5 Uberbacher, Michelle		Ithaca College	34.98m
32.98m	108-02	2	
6 Varble, Nicole		Rochester Ins	10.00m
31.77m	104-03	1	
7 Youtz, Chelsea		Ithaca College	25.89m
26.43m	86-08		
8 Bucko, Andrea		Stevens Ins	18.53m
22.00m	72-02		
9 Adams, Katie		Nazareth Col	10.00m
20.98m	68-10		

Men 100 Meter Dash

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8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year	School	Seed
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Prelims Wind H#

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Preliminaries

1	Wetmore, Jeff	Ithaca College	11.09
11.12Q	1.2 1		
2	Orenstein, Max	Ithaca College	10.94
11.15Q	+0.0 3		
3	Currie, Trevor	Stevens Ins	11.09
11.35Q	0.3 2		
4	Lin, Jon	Ithaca College	11.26
11.34q	1.2 1		
5	Sangiovanni, John	Stevens Ins	11.58
11.40q	1.2 1		
6	Covino, Chris	Ithaca College	11.34
11.44q	0.3 2		
7	McLeod, Greg	Stevens Ins	11.57
11.48q	1.2 1		
7	Turnbull, Brian	Ithaca College	11.46
11.48q	0.3 2		
9	Loughery, Zach	Rochester Ins	11.30
11.66	+0.0 3		
10	Schiavone, Anthony	Rochester Ins	11.69
11.72	+0.0 3		
11	Degroat, Anthony	Alfred Univ	11.50
11.86	0.3 2		
12	Russo, John	Nazareth Col	12.14
11.89	1.2 1		
13	Armentano, Thomas	Rochester Ins	11.95
11.98	1.2 1		
14	Kelly, Pat	Nazareth Col	11.80
12.01	+0.0 3		
15	Libera, Chris	Rochester Ins	11.90
12.12	0.3 2		
16	McFarland, Pat	Ithaca College	11.78
12.24	+0.0 3		
17	LeRegina, Vinnie	Nazareth Col	12.44
12.42	0.3 2		

Men 100 Meter Dash

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Name	Year	School	Prelims
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Finals Wind Points

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Finals

1	Wetmore, Jeff	Ithaca College	11.12
11.08	0.4 10		
2	Orenstein, Max	Ithaca College	11.15
11.15	0.4 8		

3	Currie, Trevor	Stevens Ins	11.35
11.41	0.4 6		
4	Lin, Jon	Ithaca College	11.34
11.43	0.4 4		
5	Covino, Chris	Ithaca College	11.44
11.48	0.4 2		
6	Sangiovanni, John	Stevens Ins	11.40
11.64	0.4 1		
7	Turnbull, Brian	Ithaca College	11.48
11.65	0.4		
8	McLeod, Greg	Stevens Ins	11.48
11.80	0.4		

Men 200 Meter Dash

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Name	Year	School	Seed
Finals	Wind	H#	Points
=====	=====	=====	=====
=====			
1	Orenstein, Max	Ithaca College	22.50
22.17	-1.5 3 10		
2	Wetmore, Jeff	Ithaca College	22.27
22.22	-1.5 3 8		
3	Case, Matt	Nazareth Col	22.94
22.95	-1.5 3 6		
4	Covino, Chris	Ithaca College	23.99
23.02	-0.8 1 4		
5	Scott, Richard	Alfred Univ	23.20
23.08	-1.5 3 2		
6	Sealander, Jon	Rochester Ins	22.75
23.09	-1.5 3 1		
7	Lin, Jon	Ithaca College	23.38
23.10	-1.1 2		
8	Consolo, Lee	Alfred Univ	23.40
23.19	-1.1 2		
9	Sangiovanni, John	Stevens Ins	23.63
23.33	-1.5 3		
10	Schiavone, Anthony	Rochester Ins	23.22
23.36	-1.5 3		
11	Loughery, Zach	Rochester Ins	22.95
23.65	-1.1 2		
12	Turnbull, Brian	Ithaca College	23.70
23.67	-1.1 2		
13	Phillips, Matt	Alfred Univ	23.80
23.97	-1.1 2		
14	McLeod, Greg	Stevens Ins	24.44
24.08	-0.8 1		
15	Catlin, Aaron	Ithaca College	23.93
24.11	-0.8 1		
16	Vaughn, Evan	Rochester Ins	23.58
24.31	-1.1 2		
17	Casey, Joe	Rochester Ins	23.68
24.48	-1.1 2		
18	LeRegina, Vinnie	Nazareth Col	25.00
24.53	-0.8 1		

19 Files, Ryan	Nazareth Col	24.55
24.62 -0.8 1		
20 Hozdic, Joe	Rochester Ins	23.86
24.81 -0.8 1		
21 Kelly, Pat	Nazareth Col	30.00
25.43 -0.8 1		
22 Russo, John	Nazareth Col	30.00
27.89 -0.8 1		

Men 400 Meter Dash

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=====
=====
Name                Year School                Seed
Finals H# Points
=====
=====
1 Ingram, Ryan      Nazareth Col                50.04
49.58 3 10
2 Case, Matt        Nazareth Col                49.74
49.69 3 8
3 Warner, Ryan      Rochester Ins               50.50
49.79 3 6
4 Koury, Doug       Ithaca College              50.74
49.98 3 4
5 Consolo, Lee      Alfred Univ                  50.30
50.51 3 2
6 Moulin, Brecht    Rochester Ins               50.09
51.51 3 1
7 Scott, Richard    Alfred Univ                  51.80
51.75 2
8 Ballinger, Andrew Stevens Ins                  52.23
52.06 3
9 Vaughn, Evan      Rochester Ins               52.64
52.23 2
10 Pederson, Jordan Nazareth Col                55.02
52.91 1
11 Phillips, Matt   Alfred Univ                  52.84
53.00 2
12 Casey, Joe       Rochester Ins               52.45
53.01 2
13 Catlin, Aaron    Ithaca College              52.84
53.35 2
14 Priddy, Marc     Rochester Ins               53.39
53.73 2
15 Patalano, Dave   Nazareth Col                54.35
53.83 2
16 Anderson, James  Nazareth Col                1:05.00
54.00 1
17 Hurley, Brendan  Ithaca College              58.78
57.31 1
18 Townsend, Casey  Alfred Univ                  59.24
58.03 1
19 Parsons, Andrew  Alfred Univ                  50.24
58.21 1

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Men 800 Meter Run

=====

=====
Name Year School Seed
Finals Points
=====

=====

1	Castor, Robby	Nazareth Col	2:01.00
1:55.59	10		
2	Vazquez, Sean	Stevens Ins	2:00.12
1:57.08	8		
3	Granata, James	Rochester Ins	2:01.87
1:59.35	6		
4	Smolenski, Sam	Rochester Ins	2:01.54
1:59.85	4		
5	Veroline, Anthony	Ithaca College	1:59.08
1:59.99	2		
6	Trager, Joel	Ithaca College	2:03.72
2:00.15	1		
7	Schallek, Corey	Ithaca College	2:01.73
2:00.75			
8	Holleran, John	Rochester Ins	1:59.83
2:01.06			
9	Enwright, Eric	Rochester Ins	2:02.80
2:03.00			
10	Pelto, Ben	Alfred Univ	2:06.00
2:04.01			
11	Nelson, Zach	Rochester Ins	2:00.74
2:05.09			
12	McConville, Alex	Ithaca College	2:06.50
2:06.58			
13	Patalano, Dave	Nazareth Col	2:04.50
2:07.05			
14	George, Danny	Ithaca College	2:01.04
2:07.09			
15	DiRenzo, Donato	Nazareth Col	2:13.70
2:12.24			
16	Anderson, James	Nazareth Col	2:09.40
2:16.87			
17	Noll, Ken	Alfred Univ	2:12.00
2:19.66			
18	Peskor, Kirk	Alfred Univ	2:15.00
2:21.23			

Men 1500 Meter Run

=====

=====
Name Year School Seed
Finals Points
=====

=====

1	Hardbarger, Mike	Rochester Ins	3:50.00
3:59.43	10		
2	Burdick, Jared	Rochester Ins	4:06.57
4:01.09	8		
3	Castor, Robby	Nazareth Col	4:03.05
4:01.32	6		

4 Walker, Scott	Ithaca College	4:05.92
4:03.09 4		
5 George, Danny	Ithaca College	4:08.12
4:03.38 2		
6 Lowe, Nick	Rochester Ins	4:10.17
4:05.75 1		
7 Bensley, Ethan	Rochester Ins	4:11.90
4:12.73		
8 McConville, Alex	Ithaca College	4:18.75
4:13.10		
9 Benner, Tom	Rochester Ins	4:16.77
4:19.00		
10 Doll, Bill	Rochester Ins	4:31.79
4:23.30		
11 Rutan, Tim	Nazareth Col	6:00.00
4:27.30		
12 Heithoff, Travis	Stevens Ins	4:36.32
4:29.36		
13 Hurley, Brendan	Ithaca College	4:45.78
4:41.64		
14 Peskor, Kirk	Alfred Univ	4:56.00
4:43.63		
15 Hudack, Eric	Alfred Univ	5:35.00
4:58.71		

Men 5000 Meter Run

=====

Name	Year School	Seed
Finals Points		
=====		
=====		
1 Hodge, Drew	Ithaca College	15:30.00
15:18.54 10		
2 Brindak, Mike	Rochester Ins	15:24.67
15:27.06 8		
3 Karkuff, Stefan	Ithaca College	15:35.87
15:30.06 6		
4 Miller, Zach	Rochester Ins	15:33.94
15:32.56 4		
5 Burdick, Jared	Rochester Ins	14:58.72
15:47.72 2		
6 Gustafson, Tyler	Ithaca College	16:22.14
15:55.71 1		
7 Craig, Will	Rochester Ins	16:29.07
15:55.88		
8 Morales, Matt	Nazareth Col	16:21.65
15:57.88		
9 Kurvach, Mike	Rochester Ins	15:35.48
16:16.28		
10 Antes, Brad	Stevens Ins	16:03.24
16:24.11		
11 Craighead, Dan	Ithaca College	16:00.00
16:35.07		
12 Brower, Jacob	Ithaca College	16:17.48
16:43.97		

13 Fekete, Peter	Nazareth Col	25:00.00
16:46.78		
14 Verderame, Andrew	Stevens Ins	16:41.60
16:56.59		
15 Caulfield, Matthew	Stevens Ins	17:34.61
17:17.86		
16 Wright, John	Stevens Ins	16:41.30
17:24.91		
17 Hrinda, Greg	Rochester Ins	16:05.97
17:41.24		
18 Smith, Corey	Alfred Univ	17:30.00
17:47.22		
-- Shea, Tim	Ithaca College	15:20.92
DNF		

Men 110 Meter Hurdles

=====

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Seed
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Prelims Wind H#

=====

Preliminaries

1 Marion, Matt	Rochester Ins	16.06
15.65Q 1.2 2		
2 Wodarski, Michael	Ithaca College	15.69
15.88Q 0.6 1		
3 Joseph, Matt	Rochester Ins	15.76
15.73q 1.2 2		
4 Jezek, Eric	Alfred Univ	15.37
15.77q 1.2 2		
5 James, Dustin	Ithaca College	15.74
16.47q 0.6 1		
6 Servito, Victor	Stevens Ins	16.76
16.48q 1.2 2		
7 Pankratz, Mark	Rochester Ins	17.10
16.55q 1.2 2		
8 Fitzgerald, Brendan	Rochester Ins	16.25
16.86q 0.6 1		
9 Moloney, Dan	Ithaca College	16.67
17.01 0.6 1		
10 Koury, Doug	Ithaca College	17.44
17.12 0.6 1		
11 Burnett, Ian	Rochester Ins	18.22
18.02 0.6 1		
12 Lipala, Nick	Rochester Ins	18.50
18.47 1.2 2		
13 Hurley, Brendan	Ithaca College	20.61
19.87 1.2 2		

Men 110 Meter Hurdles

=====

Name	Year School	Prelims
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Finals Wind Points

=====
 =====

Finals

1	Joseph, Matt	Rochester Ins	15.73
15.56	+0.0 10		
2	Wodarski, Michael	Ithaca College	15.88
15.70	+0.0 8		
3	Marion, Matt	Rochester Ins	15.65
15.73	+0.0 6		
4	Jezeq, Eric	Alfred Univ	15.77
16.11	+0.0 4		
5	Fitzgerald, Brendan	Rochester Ins	16.86
16.17	+0.0 2		
6	Servito, Victor	Stevens Ins	16.48
16.53	+0.0 1		
7	Pankratz, Mark	Rochester Ins	16.55
16.71	+0.0		
8	James, Dustin	Ithaca College	16.47
18.36	+0.0		

Men 400 Meter Hurdles

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 =====

Name	Year	School	Seed
------	------	--------	------

Finals H# Points

=====
 =====

1	Marion, Matt	Rochester Ins	55.49
54.48	2 10		
2	Morgera, Kevin	Stevens Ins	56.83
56.47	2 8		
3	Wodarski, Michael	Ithaca College	57.04
56.75	2 6		
4	Fitzgerald, Brendan	Rochester Ins	56.04
57.01	2 4		
5	Yee, Thomas	Ithaca College	59.82
58.78	2 2		
6	Moloney, Dan	Ithaca College	1:00.14
58.84	2 1		
7	Taylor, Ryan	Ithaca College	1:01.14
59.66	1		
8	Hurley, Kevin	Ithaca College	1:01.13
1:00.13	2		
9	Burnett, Ian	Rochester Ins	1:01.64
1:00.54	1		
10	Pankratz, Mark	Rochester Ins	1:00.90
1:01.36	2		
11	Richman, Justin	Stevens Ins	1:06.14
1:03.60	1		
12	Lipala, Nick	Rochester Ins	1:02.50
1:04.80	1		

Men 3000 Meter Steeplechase

=====
 =====

Name	Year	School	Seed
------	------	--------	------

Finals Points

1 Rochester Ins Tech 'A' 3:40.00
 3:19.64 1 10
 1) Marion, Matt 2) Sealander, Jon
 3) Warner, Ryan 4) Moulin, Brecht
 2 Ithaca College 'A' 3:38.90
 3:22.23 1 8
 1) Koury, Doug 2) Trager, Joel
 3) Orenstein, Max 4) Wetmore, Jeff
 3 Stevens Ins Tech 'A' 3:26.80
 3:24.02 1 6
 1) Morgera, Kevin 2) Ballinger, Andrew
 3) Vazquez, Sean 4) Currie, Trevor
 4 Alfred Univ 'A' 3:25.00
 3:24.10 1 4
 1) Scott, Richard 2) Phillips, Matt
 3) Consolo, Lee 4) Jezek, Eric
 5 Nazareth College 'A' 3:27.60
 3:29.57 1 2
 1) Case, Matt 2) Ingram, Ryan
 3) Castor, Robby 4) Files, Ryan
 6 Rochester Ins Tech 'B'
 x3:33.05 2
 7 Rochester Ins Tech 'C'
 x3:42.08 2
 -- Ithaca College 'B'
 DNF 2

Men High Jump

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=====
=====
Name Year School Seed
Finals Points
=====
=====
1 Drymalski, Roman Rochester Ins 1.99m
1.95m 6-04.75 10
2 Stahlmann, Chris Ithaca College 1.98m
J1.95m 6-04.75 8
3 Koury, Doug Ithaca College 1.95m
1.90m 6-02.75 6
4 Wilber, Chris Ithaca College 1.82m
1.85m 6-00.75 4
5 Jakubek, Kramer Ithaca College 1.78m
J1.85m 6-00.75 2
6 Petermann, Cory Ithaca College 1.85m
1.80m 5-10.75 1
7 Servito, Victor Stevens Ins 1.85m
J1.80m 5-10.75
8 Cunning, Patrick Stevens Ins 1.85m
J1.80m 5-10.75
9 Kane, Seth Rochester Ins 1.80m
1.75m 5-08.75
9 Lewis, Mike Rochester Ins 1.80m
1.75m 5-08.75
11 Ambrosino, Eric Ithaca College 1.83m
1.70m 5-07.00
  
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-- Jacobs, Andrew Alfred Univ 1.80m
NH

Men Pole Vault

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=====
=====
Name                      Year School                      Seed
Finals                      Points
=====
=====
1 Currie, Trevor                      Stevens Ins                      4.70m
4.60m 15-01.00 10
2 Brown, Andrew                      Ithaca College                      4.60m
4.45m 14-07.25 8
3 Mieney, Chris                      Rochester Ins                      4.15m
4.15m 13-07.25 6
4 Jezek, Eric                      Alfred Univ                      4.11m
3.85m 12-07.50 4
5 Volzer, Dave                      Rochester Ins                      3.98m
J3.85m 12-07.50 2
6 Weeks, Nathan                      Rochester Ins                      3.98m
3.70m 12-01.50 1
7 Petermann, Cory                      Ithaca College                      3.80m
J3.70m 12-01.50
-- Joseph, Matt                      Rochester Ins                      3.65m
NH
-- Smith, Nate                      Rochester Ins                      3.60m
NH

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Men Long Jump

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=====
=====
Name                      Year School                      Seed
Finals Wind                      Points
=====
=====
1 Devins, Kyle                      Ithaca College                      7.10m
6.68m +0.0 21-11.00 10
2 Lowe, Nicholas                      Stevens Ins                      6.55m
6.44m +0.0 21-01.50 8
3 Hozdic, Joe                      Rochester Ins                      6.09m
6.29m 0.2 20-07.75 5
4 James, Dustin                      Ithaca College                      6.13m
J6.29m 0.4 20-07.75 5
5 Petermann, Cory                      Ithaca College                      6.50m
6.23m +0.0 20-05.25 2
6 Hernandez, Aaron                      Ithaca College                      5.93m
6.20m 1.1 20-04.25 1
7 Libera, Chris                      Rochester Ins                      6.50m
6.06m +0.0 19-10.75
8 Servito, Victor                      Stevens Ins                      5.95m
J6.06m 0.5 19-10.75
9 Roush, Evan                      Alfred Univ                      5.90m
5.80m +0.0 19-00.50
10 Johnson, Travis                      Ithaca College                      6.03m
5.75m 0.7 18-10.50

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11 Polino, Dan	Nazareth Col	3.00m
5.72m +0.0 18-09.25		
12 Ambrosino, Eric	Ithaca College	5.93m
5.63m +0.0 18-05.75		
13 Hartmann, Chris	Rochester Ins	5.77m
5.51m 0.3 18-01.00		
14 Caton, Bill	Rochester Ins	5.84m
5.46m 1.0 17-11.00		
15 Heffernan, Stephen	Rochester Ins	5.65m
5.35m +0.0 17-06.75		

Men Triple Jump

=====

Name	Year	School	Seed
Finals	Wind	Points	
1 Devins, Kyle		Ithaca College	14.14m
13.36m +0.0 43-10.00	10		
2 Johnson, Travis		Ithaca College	13.18m
13.31m 0.2 43-08.00	8		
3 Roush, Evan		Alfred Univ	12.85m
13.20m 1.4 43-03.75	6		
4 Lowe, Nicholas		Stevens Ins	13.15m
12.66m +0.0 41-06.50	4		
5 Hernandez, Aaron		Ithaca College	12.29m
12.61m 2.2 41-04.50	2		
6 Ambrosino, Eric		Ithaca College	12.14m
12.60m +0.0 41-04.25	1		
7 Pawalowski, Michael		Stevens Ins	12.87m
12.46m 2.0 40-10.50			
8 Stahlmann, Chris		Ithaca College	12.20m
12.42m 1.4 40-09.00			
9 Polino, Dan		Nazareth Col	10.00m
12.23m 1.6 40-01.50			
10 Wilber, Chris		Ithaca College	12.11m
12.03m 1.4 39-05.75			
11 Cunning, Patrick		Stevens Ins	9.00m
11.89m 0.2 39-00.25			
12 Hartmann, Chris		Rochester Ins	11.54m
11.66m 2.0 38-03.25			
13 Heffernan, Stephen		Rochester Ins	12.07m
11.51m 1.2 37-09.25			
-- Dibble, Alex		Rochester Ins	10.74m

FOUL

Men Shot Put

=====

Name	Year	School	Seed
Finals	Points		
1 Wesley, Tim		Rochester Ins	15.82m
14.34m 47-00.75	10		

2	Ross, Shawn	Alfred Univ	14.39m
14.10m	46-03.25	8	
3	Walker, Brian	Rochester Ins	12.42m
12.44m	40-09.75	6	
4	Petermann, Cory	Ithaca College	13.04m
11.85m	38-10.50	4	
5	Covino, Chris	Ithaca College	11.50m
11.01m	36-01.50	2	
6	Lickfield, Rich	Ithaca College	10.22m
10.80m	35-05.25	1	
7	Hazen, Bill	Stevens Ins	11.45m
10.79m	35-05.00		
8	Mahon, Matt	Ithaca College	9.98m
9.90m	32-05.75		
9	Barry, Spencer	Ithaca College	10.50m
9.57m	31-04.75		
10	Hurley, Brendan	Ithaca College	6.90m
6.48m	21-03.25		

Men Discus Throw

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Name	Year	School	Seed
Finals	Points		
=====	=====	=====	=====
1	Petermann, Cory	Ithaca College	39.67m
39.44m	129-05	10	
2	Cox, Travis	Alfred Univ	40.00m
38.72m	127-00	8	
3	Ross, Shawn	Alfred Univ	38.12m
37.14m	121-10	6	
4	Batdorf, Chris	Rochester Ins	35.75m
36.81m	120-09	4	
5	Walker, Brian	Rochester Ins	39.30m
35.98m	118-00	2	
6	Wesley, Tim	Rochester Ins	36.13m
35.10m	115-02	1	
7	Lickfield, Rich	Ithaca College	31.82m
33.54m	110-00		
8	Covino, Chris	Ithaca College	30.97m
33.46m	109-09		
9	Taylor, Brent	Alfred Univ	36.60m
32.07m	105-02		
10	Noll, Ken	Alfred Univ	30.00m
31.53m	103-05		
11	Maqsudi, Feeroz	Stevens Ins	26.53m
31.19m	102-04		
12	Hazen, Bill	Stevens Ins	28.46m
28.69m	94-01		
13	Mahon, Matt	Ithaca College	28.19m
26.83m	88-00		
14	Humphreys, Sean	Stevens Ins	28.98m
25.74m	84-05		
15	Hurley, Brendan	Ithaca College	18.40m
17.64m	57-10		

-- Barry, Spencer Ithaca College 27.55m
FOUL

Men Hammer Throw

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=====
=====
Name Year School Seed
Finals Points
=====
=====
1 Cox, Travis Alfred Univ 42.92m
46.78m 153-06 10
2 Batdorf, Chris Rochester Ins 44.36m
45.69m 149-11 8
3 Walker, Brian Rochester Ins 42.24m
43.55m 142-10 6
4 Bachowski, Alex Stevens Ins 33.21m
41.93m 137-07 4
5 Wesley, Tim Rochester Ins 42.00m
40.73m 133-07 2
6 Lickfield, Rich Ithaca College 34.98m
38.27m 125-07 1
7 Hamilton, Jusan Ithaca College 35.50m
35.58m 116-09
8 Dibble, Alex Rochester Ins 35.58m
34.24m 112-04
9 Lizza, David Stevens Ins 31.18m
33.96m 111-05
10 Joseph, Markeson Alfred Univ 31.74m
33.64m 110-04
11 Barry, Spencer Ithaca College 30.25m
29.57m 97-00
12 Mahon, Matt Ithaca College 25.50m
26.05m 85-05

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Men Javelin Throw

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=====
=====
Name Year School Seed
Finals Points
=====
=====
1 Petermann, Cory Ithaca College 61.67m
57.63m 189-01 10
2 Joseph, Matt Rochester Ins 47.22m
51.75m 169-09 8
3 Humphreys, Sean Stevens Ins 52.24m
50.49m 165-08 6
4 Luna, Sebastian Stevens Ins 52.02m
49.75m 163-03 4
5 Yee, Thomas Ithaca College 50.22m
47.79m 156-09 2
6 Taylor, Ryan Ithaca College 52.61m
47.08m 154-05 1
7 Turnbull, Brian Ithaca College 43.97m
43.17m 141-08

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8 Covino, Chris	Ithaca College	36.03m
41.36m 135-08		
9 Hugunine, Adam	Rochester Ins	44.00m
40.28m 132-02		
10 Watkins, David	Rochester Ins	20.00m
38.60m 126-08		
11 Hazen, Bill	Stevens Ins	32.45m
37.70m 123-08		
12 Cox, Travis	Alfred Univ	41.50m
35.75m 117-03		
13 Koury, Doug	Ithaca College	41.92m
33.19m 108-11		
14 Caton, Bill	Rochester Ins	38.50m
32.19m 105-07		
15 Noll, Ken	Alfred Univ	31.00m
32.05m 105-02		
16 Maqsudi, Feeroz	Stevens Ins	20.00m
31.20m 102-04		
17 Priddy, Marc	Rochester Ins	20.00m
30.34m 99-06		
18 Polino, Dan	Nazareth Col	31.72m
25.37m 83-03		

Women - Team Rankings - 19 Events Scored

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=====
=====
1) Ithaca College           322      2) Rochester Ins Tech
129
3) Nazareth College        75      4) Stevens Ins Tech
34
5) Alfred Univ              22

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Men - Team Rankings - 19 Events Scored

```

=====
=====
1) Ithaca College           222      2) Rochester Ins Tech
186
3) Stevens Ins Tech        76      4) Alfred Univ
58
5) Nazareth College        43

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