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Contact: Timothy Farrell, Empire 8 SID

**EMPIRE 8 ANNOUNCES MEN'S SOCCER ALL-CONFERENCE TEAM
Mike Lawson of RIT Named Player of the Year**

ROCHESTER, NY – The Empire 8 announced its 2004 Men's Soccer All-Conference team. Junior midfielder Mike Lawson of conference champion RIT was named the 2004 Men's Soccer Player of the Year while earning first-team all-conference honors. He scored three goals, including the championship-winning goal in the second overtime of the title game, and added five assists.

Forward Adam Blanchard of St. John Fisher College was named 2004 Empire 8 Rookie of the Year and was named to the first team after totaling 20 points on eight goals and four assists. Andy Byrne was named the Doug May Memorial Coach of the Year after leading Ithaca College to an undefeated conference record in the regular season.

Empire 8 2004 Men's Soccer All-Conference Awards

Player of the Year: Mike Lawson, RIT

Rookie of the Year: Adam Blanchard, St. John Fisher College

Doug May Memorial Coach of the Year: Andy Byrne, Ithaca College

First Team

Name	Yr.	School
Backs		
Nick Accomando	Sr.	Ithaca College
Mike Dugbartey	Sr.	St. John Fisher College
Pat Ouckama	Sr.	Ithaca College
Midfielders		
Mike Lawson	Jr.	RIT
Glen Palilla	So.	Ithaca College
Dan Roser	Sr.	St. John Fisher College
Jarett Sanatar	So.	Alfred University
Forwards		
Adam Blanchard	Fr.	St. John Fisher College
Bobby Linaberry	So.	Alfred University
Gavin Thomas	Sr.	Nazareth College
Goalkeeper		
Ted Meyer	Sr.	Ithaca College

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S P O R T S I N F O R M A T I O N D I R E C T O R

14 Eagle Terrace / Jefferson, MA 01522 / Phone: 508.829.7469 / Fax: 508.829.6685 / tfarrell@empire8.com / www.empire8.com

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Second Team

Name	Yr.	School
Backs		
Ed Babcock	So.	Nazareth College
George Chavez	Sr.	RIT
Randy Clukey	Sr.	Alfred University
Steve Doherty	Sr.	Elmira College

Midfielders

Jose Castro	So.	Utica College
Brian Donahoe	Sr.	Alfred University
Andy Smith	Sr.	Ithaca College

Forwards

Anthony D’Angelo	So.	St. John Fisher College
Mark Frisicano	Fr.	RIT
Mark Jeffries	So.	Ithaca College
Adam Long	Fr.	Alfred University

Goalkeeper

Brian Middleton	So.	Alfred University
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Honorable Mention

Backs: Mitch Daly (St. John Fisher), Adam Morgan (Alfred), Gavin Thomas (RIT)

Midfielders: Marcel Arsenault (Elmira), Brian Bartosik (Nazareth), Chris Holden (Ithaca), Keith Phelan (Alfred)

Forwards: John DeCarlo (Ithaca), Ricky Martinez (St. John Fisher)

Goalkeepers: Kelly Brooks (Elmira), Nate Andrews (RIT)

-Empire 8-